

Introducing *Shockwave Therapy*

Shockwave therapy is medically known as Extracorporeal Shockwave Therapy (ECSWT) or Extracorporeal Pulse Activation Therapy (EPAT). Shockwave therapy is a non-invasive, outpatient alternative to surgery. This cutting edge device is changing the way chronic injuries are treated.



Many of the most common sports and activity related pain conditions have shown positive outcomes in scientific studies including Plantar Fasciitis, Tennis Elbow, Achilles Tendonitis, Patellar Pain (Runner's Knee), Greater Trochanteric Pain Syndrome (Hip Pain), IT Band Syndrome, Chronic Back and Neck Pain.

The treatment involves directing a deep acoustic energy pulse into an area of chronic muscle or tendon injury to stimulate local tissue regeneration and healing.



The controlled reinjuring of tissue allows the body to regenerate blood vessels and bone cells. This leads to faster healing and often a return to pre-injury activity levels.

Treatments are tolerated very well by most patients. Earlier sessions are done at lower settings to initiate the healing process and then a transition is made to higher settings and a more intense treatment. Sessions can be adjusted to your tolerance.

A typical problem usually requires four to six treatment sessions over 5-6 weeks. This therapy can also be used in conjunction with Active Release, Graston, IMS, and other traditional therapy strategies.

Please contact our office to book your consultation:

403-237-7686